



2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>All menu items are pork free. Any ** indicate the menu item contains beef. The Garden Bar with an assortment of fresh vegetables is available daily.</i></p>	<p><i>Fruit choices include fresh apples, oranges, and pears. Other options include chilled pineapple, sliced peaches and sliced pears.</i></p>	<p><i>Children's House Students and Toddlers who eat in their classroom will also have a selection of fresh vegetables on their lunch cart.</i></p>	<p>1 Macaroni and Cheese With Turkey-Ham Green Beans Garden Bar Choice of Fruit 2% or Skim Milk</p>
<p>4 Deli Club Submarine Steamed Carrot Coins Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>5 Chicken Teriyaki Brown Rice Steamed Mixed Vegetables Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>6 Turkey and Cheese Sandwich Tomato Basil Soup Brussel Sprouts Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>7 **Hamburger French Fries Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>8 **Hard Shell Tacos Corn Fiesta Garden Bar Choice of Fruit 2% or Skim Milk</p>
<p>11 Turkey Corn Dogs Vegetarian Beans Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>12 Chicken a la King Brown Rice Steamed Broccoli Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>13 **Meatballs in Gravy Homemade Mashed Potatoes Brussel Sprouts Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>14 Parent-Teacher Conferences No Montessori Classes Childcare Available Until 6 PM <u>No Hot Lunch</u></p>	<p>15 Parent-Teacher Conferences No Montessori Classes Childcare Available Until 6 PM <u>No Hot Lunch</u></p>
<p>18 Hot Turkey-Ham Sandwich Green Pea Carrot Mix Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>19 F&S Signature Chicken Bread Stick Steamed Spinach Red Peppers Garden Bar 2% or Skim Milk</p>	<p>20 **Sloppy Joe on Whole Wheat Bun Whole Kernel Corn French Fries Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>21 **Soft Shell Taco Spanish Rice Pinto Beans Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>22 Creamy Primavera Sauce Rice Steamed Broccoli Garden Bar Choice of Fruit 2% or Skim Milk</p>
<p>25 **Pizza Burger on a Whole Wheat Bun French Fries Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>26 Chicken Philly Mixed Vegetables Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>27 Turkey Meat Loaf Dinner Roll Homemade Mashed Potatoes Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>28 Sweet and Sour Chicken Brown Rice Oriental Blend Garden Bar Choice of Fruit 2% or Skim Milk</p>	<p>29 Triple Cheesy Quesadilla Mexicali Corn Garden Bar Choice of Fruit 2% or Skim Milk</p>